

- 12.00am **The Music Jam**
- 7.00am **Breakfast** (Karl and Merv)
Let the dynamic duo ease you into Wednesday with great music and chat.
- 9.00am **The Music Jam**
- 10.00am **The Music Box** (Gordon Lowe)
30 Minutes of great instrumental music
- 10.30am **Get Out These Old Records** (Ken Anton)
Music from the golden age of British Dance Bands from the 1920's to the mid 1940's
- 11.00am **The A-Z of Pop** (Produced by Richard Smith)
- 12.00pm **Health Today** (Dominic Arkwright)
Health information programme from the NHS
- 1.00pm **The Music Jam**
- 2.00pm **The Chart Show** (Ray Oxley)
Classic Chart Rundowns from years gone by with Ray
- 3.00pm **The Music Jam**
- 5.00pm **The Classic Gold Show** ® (Ian Jowsey)
Ian will be playing the music from the 60s 70s 80s
- 7.00pm **The Music Jam**
- 9.00pm **At Your Request** (Louise Smith & Dave Jennings)
It's the show where you choose the music. Lookout for our presenters visiting your ward or you can telephone them free of charge from your bedside Hospicom Unit. Alternatively, call 5018 from an internal hospital phone or on 02476 865018.
- 10.00pm **Late with Karl** (Karl Stein)
Music and words of wisdom from Karl including "Be my Guest" Competition.